

Dance Monkeys

Dance Monkeys is a fun, creative brand that promotes self-love and confidence in kids aged 6 to 12 years. We have regular classes to attend week to week, awesome holiday camps, an incredible YouTube channel to challenge your dancer at home with **HEALTHY** screen time **AND** unique merchandise to help your Dance Monkey express themselves with their **LOOK!**

Our classes are engaging, high energy dance classes that focus on empowering kids through dance and movement. We focus on Jazz and commercial styles of movement to challenge our students and give them a strong base to explore ALL types of movement. In these classes we focus on main skills term to term and learn fun choreos to develop performance ability, style and memory.

The quality and ethos of our highly curated program is something we are extremely proud of. We as professional dancers ourselves know the importance of **PRACTICE** to develop any kind of skill and we place heavy emphasis on this in our classes. We also encourage all of our Dance Monkeys to **PERFORM**.

We believe Performance is such an important experience for children especially for this age group. Performing forces us to push through emotional barriers, overcome fear, develop an understanding of presence and understand how powerful they are as people, as well as develop a confidence that allows them to tackle any challenge head on!

Children that are consistent in our classes develop strong able bodies, master dance skills, develop greater flexibility, learn the importance of practice, develop a positive work ethic, learn how to support and accept others, and develop key social and emotional skills that go on to benefit them in all aspects of life.

We have 2 categories of Dance Monkeys classes - Junior 6-8 years and Senior 9-12 years. As our students progress through our classes they develop from being the babe of the class to being a role model for younger students and a move from junior classes to senior classes challenges kids with more difficult skills and choreographies.

Our camps are an extension of our classes just a little more intensive. Dance Monkeys Holiday Camps are designed for **FUN** above all else, we cover essential dance and movement skills in a fun and challenging way. Our camps are designed to be challenging for the avid dancer while being approachable for kids who have little to no experience!

Camps are run on a weekly basis over the holiday period. Over the week we will have a wide variety of activities including: a daily stretch session, alternating with dance skills and tricks, creative craft sessions, mindful yoga sessions and 2 daily dance sessions of different styles.

For more information on camps check out the "camps" page on our website.

Our YouTube channel is SO MUCH FUN! Our number one goal with all of our brands is **EMPOWERING THROUGH DANCE**. We want kids all over the world to experience all of the amazing things we get from dance. Dance is health and fitness, dance is creativity, dance is expression, dance is discipline, dance is mindfulness, dance is **AWESOME**.

Our YouTube videos **promote healthy, active, screen-time** which is imperative in our tech-world. Our videos are engaging and challenging, with different levels of videos for different ability levels and they're **FREE**. These videos are out there to encourage our dance monkeys to dance at home and find their style!

Our Merchandise includes awesome dance uniforms and clothing that have been designed with our dancers wants in mind. We love to express ourselves through our clothing as well as our moves! We have developed **the perfect dance capsule wardrobe for your dancer to find their style and create outfits that they feel their absolute best in!** We encourage our kids to wear their Dance Monkeys clothes to class and camp in any combo they desire!

Dance Monkeys



What is the Dance Monkeys Philosophy?

EMPOWERING THROUGH DANCE

We believe in empowering kids all over the world through dance. Dance and movement promotes discipline, positive work ethic, healthy bodies, healthy minds, confidence, strength, joy and mindfulness.



What is your teaching style?

All of our teachers are accomplished dancers with a passion for educating children. We encourage all of our children to join the classes and participate with positive reinforcement and reward. Children of this age are typically eager to learn, however some students will take a little longer to click into the class and the process which is totally fine.



What are Dance Monkeys Classes?

These classes focus on the kids overall dance ability. We use the basic skills of jazz with the choreography styling of hip hop and latin dancing. We endeavour to develop our students overall flexibility, balance, strength, coordination and confidence! The classes are designed to be fun while building ability. We encourage our kids to help others and express themselves completely in our classes



What kind of dancing do you do?

We use jazz as our basis - jazz technique and basic dance skill

We use influences from Hip Hop, Funky Jazz, Kpop and Latin in our choreographies and performances.



Do you do assessments?

Short answer: No.

We acknowledge the fact that children are being formally assessed every which way nowadays, so we assess our students on a class by class basis and make overall assessments of the classes ability level however we do not do gradings or assessment. Each term we will issue a progress report to show how your child has progressed. We believe in allowing children to develop at their own pace with with positive guidance and challenging them with real life performance opportunities. Think DisneyLand, Ocean Park, AIA Carnival and more!



What do we need to bring/wear?

We have awesome Dance Monkeys clothing that is perfect for dancing, the perfect example of form meets function. Let your kids make it their own week to week with their own outfit combos!

All you need to bring to class is a water bottle and a smile!



Why do my kids repeat skills/dances?

PRACTICE! In every learning category from academia to dance to football to fine art practice and study is the ONLY way to improve. Repetition is essential for any real skill to be built. As our kids go from Little Movers to Dance Monkeys Junior and finally Dance Monkeys Senior they develop an understanding and respect for PRACTICE.

Term Dates 2020-2021

Term 1 - Autumn : August 31st - December 18th 2020

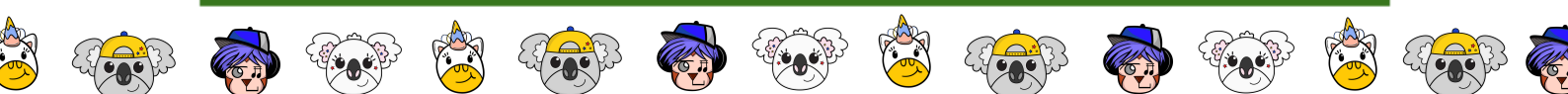
Term 2 - Winter : January 4th - March 26th 2021

Term 3 - Spring : April 12th - June 25th 2021

Term 4 - Summer : July 5th - August 13th 2021

Class Fees 2020-2021

Term 1 - Autumn August 31st - December 18th 2020				
Mondays 14 Sessions \$2800 *No Class Oct 26	Tuesdays 15 Sessions \$3,000	Wednesdays 15 Sessions \$3,000	Thursdays 14 Sessions \$2800 *No Class Oct 1	Fridays 14 Sessions \$2800 *No Class Oct 2
Early Bird Offer Enrol before August 17th and recieve a FREE Little Movers Uniform **If your child already has a Little Movers Uniform you will receive a cash discount				
Term 2 - Winter January 4th - March 26th 2021				
Mondays 11 Sessions \$2200 *No Class Feb 15	Tuesdays 12 Sessions \$2,400	Wednesdays 12 Sessions \$2,400	Thursdays 12 Sessions \$2,400	Fridays 11 Sessions \$2200 *No Class Feb 12
Early Bird Offer Enrol before August 17th and recieve a FREE Little Movers Uniform **If your child already has a Little Movers Uniform you will receive a cash discount				
Term 3 - Spring April 12th - June 25th 2021				
Mondays 10 Sessions \$2000 *No Class Jun 14	Tuesdays 11 Sessions \$2,200	Wednesdays 10 Sessions \$2000 *No Class May 19	Thursdays 11 Sessions \$2,200	Fridays 11 Sessions \$2,200
Early Bird Offer Enrol before August 17th and recieve a FREE Little Movers Uniform **If your child already has a Little Movers Uniform you will receive a cash discount				
Term 4 - Summer July 5th - August 13th 2021				
Mondays 6 Sessions \$1,200	Tuesdays 6 Sessions \$1,200	Wednesdays 6 Sessions \$1,200	Thursdays 6 Sessions \$1,200	Fridays 6 Sessions \$1,200
Early Bird Offer Enrol before August 17th and recieve a FREE Little Movers Uniform **If your child already has a Little Movers Uniform you will receive a cash discount				
Trial Class Fee: \$200 Please Note: Only one trial class per student will be allowed. After the trial if you would like to continue you must purchase a term package				



Exact class dates are listed on the websites booking page

Please note Term 4 (Summer) will have less classes available due to our Summer Camps running simultaneously

Please see public holiday & other no class dates below on page 9

You can find Pro - Rated Class fees on the websites booking page as well as Early Bird Fees and Offers.

Enrolment IS NOT CONFIRMED until payment has been received

Spaces are limited

Camp Dates 2020-2021

XMAS CAMP : December 17th - December 31st 2020

CNY CAMP : February 15th - February 21st 2021

EASTER CAMP : March 29th - April 9th 2021

SUMMER CAMP : July 5th - August 13th 2021

All camps run Monday to Friday over the specified period excluding Public Holidays

Please see public holiday & other no class dates below

Camp Fees 2020-2021

CAMP FEES (Applicable to all camps run throughout the year)		
Little Movers	Week Package \$2500	5-day Flex Package \$2700
Koala Bop	Week Package \$2500	5-day Flex Package \$2700
Dance Monkeys	Week Package \$3500	5-day Flex Package \$3700
Week packages include Monday to Friday of the same week Eg. Summer camp week 1 (July 5-July 9)		
Flex packages can be used at any time during the camp Eg. Summer camp dates July 5, 12, 28, 29 and August 4		

Single days can be ADDED to the 5-day flexible package upon booking

Enrolment IS NOT CONFIRMED until payment has been received

Spaces are limited

The Early Bird promotion cannot be redeemed in conjunction with other promotions

Please check the camps page of our website (www.moveforlife.asia/camps) for all early-bird deals and special offers.

All camps are open for enrolment 2-3 months before the start date of the camp.

The above dates and package prices are subject to change at the discretion of Move For Life.



Public Holidays and No Class Dates

2020-2021

Please note that public holidays are determined by the Hong Kong government and are subject to change, resulting in a calendar change

2020 DATES

Date	Day	Holiday
1 Oct	Thurs	National Day of the Peoples Republic of China
2 Oct	Fri	The day following the Chinese Mid-Autumn Festival
26 Oct	Mon	The day following Chung Yeung Festival
25 Dec	Fri	Christmas Day
26 Dec	Sat	Boxing Day

2021 DATES

Date	Day	Holiday
1 Jan	Fri	New Years Day
12 Feb	Fri	Lunar New Year's Day
13 Feb	Sat	The second day of Lunar New Year
15 Feb	Mon	The fourth day of Lunar New Year
2 Apr	Fri	Good Friday
3 Apr	Sat	The day following Good Friday
5 Apr	Mon	The day following Ching Ming Festival
6 Apr	Tue	The day following Easter Monday
1 May	Sat	Labour Day
19 May	Wed	Birthday of the Buddha
14 Jun	Mon	Tuen Ng Festival
1 Jul	Thurs	Hong Kong Special Administrative Region Establishment Day
22 Sep	Wed	The day following the Chinese Mid-Autumn Festival
1 Oct	Fri	National Day
14 Oct	Thurs	Chung Yeung Festival
25 Dec	Sat	Christmas Day
27 Dec	Mon	The first weekday after Christmas Day

